



# January 2021

Teen Center Southlands Shopping Center  
6295 S Main St unit 104 (next to massage envy)  
720-274-5759

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		2	3 Cardio Sculpt with Katie 5:30-6:30pm	4	5 Kids Night Out 5:30pm-8:30pm	6 Drop and Shop 10am-2pm
7	8	9 Drop and Shop 5pm-8pm	10 Cardio Sculpt with Katie 5:30-6:30pm	11	12	13 Drop and Shop 10 am-2 pm
14	15	16 Drop and Shop 5pm-8pm	17 Cardio Sculpt with Katie 5:30-6:30pm	18	19 Kids Night Out 5:30pm-8:30pm	20 Drop and Shop 12pm-4pm
21	22	23 Drop and Shop 5pm-8pm	24 Cardio Sculpt with Katie 5:30-6:30pm	25	26	27 Drop and Shop 10am-2pm
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## DROP 'N SHOP:

Southlands Shopping Center and the Aurora YMCA is here to help you! Drop the kids off at the YMCA Teen Center where Kids can participate in activities and crafts as you indulge yourself with everything Southlands has to offer. **Ages: potty trained - 10 years. Fee: \$7 per child. Must register in advance. Pay at drop off credit card only**

## KIDS NIGHT OUT

Drop the kiddos off from 5:30pm-8:30pm for a night of fun. Ages: Potty trained to 10 years old. \$15 per child Please register by the previous Wednesday. Due to COVID we will cap it off at 10 kids. Register at [www.denverymca.org](http://www.denverymca.org)

Our staff will lead the kids through a craft and some fun games and activities followed by a movie. Due to covid food will not be served, you can pack a drink and snack for you child if you would like.

## Fitness Classes:

Cardio Sculpt with Katie  
To sign up go to <https://www.signupgenius.com/go/20f044aa5aa2da13-cardio>

## YMCA OFFICE HOURS:

Monday-Friday—9am-1pm  
Tuesday-Thursday Nights—4pm-8pm  
Saturdays—10am-2pm

\* indicates pre registration required